

NASC AUTUMN TIME TRIALS
SATURDAY 16th OCTOBER 2021
@ Bedale Leisure Centre
THIS EVENT IS LICENSED AT LEVEL 4
(4NE210031)

The gala has been designed for those who have not yet achieved county times for their sprint distances and to include the youngsters who narrowly miss out on such an opportunity. The gala is to be licensed to level 4 to allow times to be used at open and county level competition.

We would welcome a fast response confirming your clubs attendance at the gala so we can ensure the gala runs at capacity to make it a success.

Greg Ient (Head Coach)
Northallerton ASC

Session 1

1.30pm Warm Up for 2.00pm Start

101 Girl Open 50m Freestyle

102 Boy Open 50m Breaststroke

103 Boy/Girl Open 100m Freestyle

104 Girl Open 50m Butterfly

105 Boy Open 50m Backstroke

106 Boy/Girl Open 100m Butterfly

107 Boy/Girl Open 100m Breaststroke

108 Girl Open 50m Backstroke

109 Boy Open 50m Butterfly

110 Boy/Girl Open 100m Backstroke

111 Girl Open 50m Breaststroke

112 Boy Open 50m Freestyle

All races held under Swim England Laws and Swim England Technical Rules
with Colorado GEN 7 Electronic timing

Age Groups : 10/UN, 11/12yrs, 13/14yrs and 15yrs+

Ages at 31st December 2021 **Entry Fees:** £5.00 per individual entry

All winners will be decided on a **Heat Declared** basis. Prizes will be awarded to the fastest three in each **individual** age group.

Closing date for entries: 9pm Thursday 14th October 2021

Gala Conditions

1. Meet to be held at Bedale Leisure Centre – the Pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes;
2. This meet is an Invitational meet with only 8 Clubs allowed to attend. This will be at the discretion of meet organisers. Swimmers who have qualified for Home Nation or British Nationals should be excluded from this event.
3. Colorado GEN 7 Electronic Timing will be in operation with scoreboard display. Times displayed are for information only
4. An external strobe light is available for hearing impaired swimmers upon request
5. Age groups/Events will all be Heat Declared Winner:
 - a. 8 years, 50 m all strokes 100m All strokes, please note any swimmer accepted must have been ratified by the relevant club coach for each event, should this be found not to have occurred the swimmer shall be disqualified from all events and invalidated from all presentations.
 - b. Relays are also available for members to participate in
6. Ages are as at 31st December 2021
7. Entry fees: £5.00 for Sportssystems entries. Coach passes are of no charge.
8. Coaches will not be permitted on poolside without the necessary pass
9. Entries must be submitted on the official entry file or form and include the swimmer's full date of birth. Files available from and entries should be returned by the entry **closing date: Midnight 6th September 2021**
10. Cheques should be made payable to "Northallerton ASC". A valid email address or SAE must be supplied for entry confirmation to Northallerton ASC (FAO Greg lent), Northallerton Leisure Centre, Rotary Way, Stone Cross, Northallerton, DL6 2UZ.
11. Northallerton ASC will **NOT** be responsible for any unaccompanied swimmers on the poolside. The responsibility falls on the club entering the swimmer, who should appoint an individual to be on the poolside i.e. an adult with a coach's pass
12. Heats will be seeded according to submitted entry times
13. Presentations will be made to the first three in each age group: 10/UN, 11/12yrs, 13/14yrs and 15yrs+
14. For safety reasons only swimmers who can perform an Swim England competitive start may perform a shallow racing dive from the starting blocks. Where possible, over-the-top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool
15. Spectators are not encouraged to attend the meet to enable COVID-19 measures to maintain an element of social distancing. This will be reviewed as we get closer to the meet.
16. No entry cards will be issued. Coaches or Team Managers should advise the recorders of any missing swimmers at least 45 minutes before the session start. Seeded heat start lists will be produced prior to the start time of the session. Complying with this condition will keep the number of empty lanes to a minimum
17. Poolside entries, £5.00, may be permitted if the meet has not been over-subscribed
18. Should the meet be over-subscribed, swimmers will be excluded from fastest times first, within each age group.
19. Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the competitive marshals in time for the start of their race may not be allowed to compete
20. Anyone found damaging or misusing property or equipment at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the Pool Management
21. Neither Northallerton ASC nor Bedale Leisure (Hambleton District Council) can be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use the lockers in the changing rooms and not to leave belongings unattended in the changing area or on poolside
22. Anyone wishing to use photographic equipment within the pool area must register at beforehand
23. The Lead Referee will be: Kevin Rand
24. Any points not covered here will be at the discretion of the meet organisers

