



## DURHAM CITY AQUATICS SUMMER SPRINT & RELAY MEET 2022

Sunday 22<sup>nd</sup> May 2022

At Freeman's Quay, Walkergate, Durham, DH1 1SQ

Level 3 - License No.: TBC

### Programme of Events

Sunday 22 <sup>nd</sup> May (Session 1) Warm Up @ 8:00am Start @ 9:00am					Sunday 22 <sup>nd</sup> May (Session 2) Warm Up @ 12:30pm (TBC) Start @ 13:30pm (TBC)				
101	Girls	Open	50m	Butterfly	201	Girls	Open	50m	Breaststroke
102	Boys	Open	50m	Butterfly	202	Boys	Open	50m	Breaststroke
103	Mixed		4x50m	Freestyle Relay	203	Mixed		4x50	Medley Relay
104	Girls	Open	50m	Backstroke	204	Girls	Open	50m	Freestyle
105	Boys	Open	50m	Backstroke	205	Boys	Open	50m	Freestyle
106	Mixed		4x100m	Medley Relay	206	Mixed		4x100	Freestyle Relay

Sunday 22 <sup>nd</sup> May (Finals Session) Warm Up @ 16:00pm (TBC) Start @ 16:30pm (TBC)				
Finals	Girls	50m	Butterfly	Junior / Age Group / Youth & Senior
Finals	Boys	50m	Butterfly	Junior / Age Group / Youth & Senior
Finals	Girls	50m	Backstroke	Junior / Age Group / Youth & Senior
Finals	Boys	50m	Backstroke	Junior / Age Group / Youth & Senior
Finals	Girls	50m	Breaststroke	Junior / Age Group / Youth & Senior
Finals	Boys	50m	Breaststroke	Junior / Age Group / Youth & Senior
Finals	Girls	50m	Freestyle	Junior / Age Group / Youth & Senior
Finals	Boys	50m	Freestyle	Junior / Age Group / Youth & Senior

**This is a first come first served Gala; entries are accepted from 08:00 on Monday 28 March 2022.**



## Meet Conditions DCA Summer Sprint & Relay Meet 2022:

1. The meet will be swum under ASA Law & FINA Technical Rules and is licensed by SENR as a Level 3 meet.
2. The Pool length is 25m with 8 lanes & anti-wave lane ropes.
3. Colorado Electronic Timing will be in operation with scoreboard display. Times displayed are for information only.
4. The age-bands for individual event finals are **Boys/Girls:**  
Junior: 9-11 Years;  
Age Group: 12-14 Years;  
Youth & Senior: 15 Years and over;  
Ages as on 22 May 2022.
5. All stroke events are to qualify for their respective age-band final (top 8 only).
6. The age-bands for relay events are the same as the individual event finals above and require 2 males and 2 females in each relay. **Swimmers are not permitted to swim up or swim down age-bands in the relays.**
7. Medals will be awarded to the top 3 boy / girl swimmers in each age-band, stroke final.
8. A trophy will be awarded to the fastest club in each age-band (as outlined above) with the fastest total relay time; for example:  
4x50 Free Relay + 4x50 Medley Relay + 4x100 Free Relay + 4x100 Medley Relay = Total Time
9. Results sheets will be sent to competing clubs after completion of the meet.
10. **This will be a first come first served meet** and the meet will close when the entry list is full or at 23:59 on Sunday 8 May 2022 whichever is the sooner.
11. Entry times must not be faster than the accompanying Upper Limit Times.
12. Entry times should be converted to 25m pool times by use of SE conversion tables.
13. Training times are accepted; entries will be rejected if NO time is entered.
14. Entries are encouraged from disabled / para swimmers.
15. The flat entry fee is **£25.00 per individual**, and covers all four individual events.  
Paper entries are £27.00 per individual.
16. Relay entries are **£8.00** per A-team, which covers entry into all four relay events. Additional teams (i.e. B/C/D-Teams) will be charged at a reduced rate of **£4.00** per team, covering all four relay events.
17. Coach passes are **£10.00** which includes start lists and lunch.
18. The Sports System Entry File should be submitted together with a completed Summary Sheet to: [dcasc-galas@outlook.com](mailto:dcasc-galas@outlook.com). Payment should be made by Bank Transfer at the time of entry; payment details are specified on the Summary Sheet.
19. The meet organisers reserve the right to limit the number of entries to ensure meet timings can be maintained.
20. **Durham City reserves the right to fill empty lanes with Durham City Swimmers.**
21. Withdrawals must be notified no later than 08:00 a.m. on Saturday 21 May.
22. No refunds will be issued for withdrawals after the closing date other than for withdrawals on medical grounds supported by documentary evidence, e.g. doctor's note, NHS COVID-19 Notification e-mail/text, etc. In this case, the swimmer will be withdrawn from all events.
23. For safety reasons only swimmers who can perform a competitive start may perform a shallow racing dive from the starting blocks.
24. Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the marshals in time for the race start may not be allowed to compete.
25. Access to poolside will be restricted to swimmers, coaches, officials and authorised helpers in line with ASA Child Protection Policy. Official passes shall be worn at all times on poolside.
26. No unaccompanied swimmers allowed.
27. All swimmers leaving poolside must have appropriate clothing and footwear.

28. Anyone wishing to use any type of image recording device must register at the entrance and comply with the current Swim England Wave Power Guidelines on Photography (copies can be found at [WavePower](#)) and adhere to the rules and standard operating procedures of the venue.
29. Only the DCA official photographer is allowed on the poolside.
30. **No person may take images of any individuals in the changing areas; this includes the use of mobile phones or other digital recording devices.**
31. Anyone found damaging or misusing property or equipment at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the Pool Management.
32. Swimmers are advised to use lockers, DCA or Freemans Quay Management cannot be held responsible for loss or damage to spectators or swimmers equipment.
33. The pool opens for swimmers from 07:30 a.m.; spectators / supporters are admitted from 08:00 a.m.
34. The Lead Official will be: Mr. Lindsay Rodgers ([rodgersl@btinternet.com](mailto:rodgersl@btinternet.com)).
35. All competing Clubs are invited to provide officials to ensure the smooth running of the meet.
36. The referee's decision is final.

Note that restrictions affecting the running of the gala (e.g. limits on number of competitors and/or spectators) may be imposed at short notice by (local) authorities to limit the spread of CoVid-19; clubs will be contacted at the earliest possible opportunity should this be the case.

**Any points not covered here will be at the discretion of the meet organisers.**

**Any queries should be directed to: Marc Dubbeldam at [dcasc-galas@outlook.com](mailto:dcasc-galas@outlook.com).**

DCA Summer Sprint & Relay Meet 2022											
Upper Limit Times											
Swimmers must <u>NOT</u> have swam faster than the times below											
Girls 25m Upper Limit Times						Boys 25m Upper Limit Times					
11 & under	12	13	14	15 & over		11 & under	12	13	14	15 & over	
29.0	27.5	27.0	26.5	26.0	50m Freestyle	29.0	27.5	26.0	24.5	23.0	
34.0	32.5	31.0	30.0	29.0	50m Backstroke	35.0	33.0	31.0	29.5	28.0	
38.0	36.0	34.0	33.5	33.0	50m Breaststroke	38.0	36.0	34.0	32.0	30.0	
32.5	30.5	29.5	28.5	28.0	50m Butterfly	33.0	31.0	29.0	27.5	26.0	
This is an Age on Day Gala - entry times from 1 <sup>st</sup> January 2020.											