



**This is a Level 3 Long Course Gala Licensed by Swim England – Licence Number: NE230257
 It is subject to Swim England Laws and Regulations and Swim England Technical Rules of Racing**

PROGRAMME OF EVENTS

SATURDAY 4 th March 2023				
Session 1			Session 2	
101	400IM Girls		201	400M Freestyle Girls
102	200M Freestyle Boys		202	200M IM Boys
103	100M Backstroke Girls		203	50M Breaststroke Girls
104	100M Butterfly Boys		204	50M Backstroke Boys
105	50M Butterfly Girls		205	100M Freestyle Girls
106	50M Freestyle Boys		206	100M Breaststroke Boys
107	200M Breaststroke Girls		207	200M Butterfly Girls
108	1500M Freestyle (mixed)		208	200M Backstroke Boys

SUNDAY 5 th March 2023				
Session 1			Session 2	
301	400IM Boys		401	400M Freestyle Boys
302	200M Freestyle Girls		402	200M IM Girls
303	100M Backstroke Boys		403	50M Breaststroke Boys
304	100M Butterfly Girls		404	50M Backstroke Girls
305	50M Butterfly Boys		405	100M Freestyle Boys
306	50M Freestyle Girls		406	100M Breaststroke Girls
307	200M Breaststroke Boys		407	200M Butterfly Boys
308	800M Freestyle (mixed)		408	200M Backstroke Girls