



**Regional Age Group (11-14yrs) Swimming Championships (50m) 2023**

**22<sup>nd</sup> /23<sup>rd</sup> April & 13<sup>th</sup>/14<sup>th</sup> May 2023**

**Sunderland Aquatic Centre**

**Entry Closing Date 7<sup>th</sup> April 2023**

<b>Session 1 Saturday 22<sup>nd</sup> April @ 9am</b>			<b>Session 3 Sunday 23<sup>rd</sup> April @ 9am</b>			<b>Session 5 Saturday 13<sup>th</sup> May @ 9am</b>			<b>Session 7 Sunday 14<sup>th</sup> May @ 9am</b>		
Girls	400m	Ind.Medley	Boys	400m	Ind.Medley	Boys	100m	Freestyle	Girls	100m	Freestyle
Boys	200m	Butterfly	Girls	200m	Butterfly	Girls	100m	Butterfly	Boys	100m	Butterfly
Girls	100m	Backstroke	Boys	100m	Backstroke	Boys	200m	Backstroke	Girls	200m	Backstroke
Boys	100m	Breaststroke	Girls	100m	Breaststroke	Girls	200m	Breaststroke	Boys	200m	Breaststroke
Girls	200m	Freestyle	Boys	200m	Freestyle	Boys	200m	Ind.Medley	Girls	200m	Ind.Medley
Boys	50m	Freestyle	Girls	50m	Freestyle	Girls	50m	Backstroke	Boys	50m	Backstroke
Girls	50m	Breaststroke	Boys	50m	Breaststroke	Boys	50m	Butterfly	Girls	50m	Butterfly
		<b>@ 1pm</b>			<b>@ 1pm</b>			<b>@ 1pm</b>			<b>@ 1pm</b>
Boys	1500m	Freestyle HDW	Girls	800m	Freestyle HDW	Girls	400m	Freestyle	Boys	400m	Freestyle
						Boys	800m	Freestyle HDW	Girls	1500m	Freestyle HDW
<b>Session 2 Saturday 22<sup>nd</sup> April @ 5pm</b>			<b>Session 4 Sunday 23<sup>rd</sup> April @ 5pm</b>			<b>Session 6 Saturday 13<sup>th</sup> May @ 5pm</b>			<b>Session 8 Sunday 14<sup>th</sup> May @ 5pm</b>		
Finals of above events			Finals of above events			Finals of above events			Finals of above events		

**SENER Championships, 6 North Grove Crescent, Wetherby, LS22 7PY Tel: 01937 522481**

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