

## **INVITATIONAL SHORT COURSE TIME TRIALS**

**INSERT DATE**, Bedale Leisure Centre  
THIS EVENT IS LICENSED AT LEVEL 4 (4NETBC)

The gala has been designed for those who have not yet achieved county times for their sprint distances and to include the youngsters who narrowly miss out on such an opportunity. The gala is to be licensed to level 4 to allow times to be used at open and county level competition.

We would welcome a fast response confirming your clubs attendance at the gala so we can ensure the gala runs at capacity to make it a success.

Greg Ient (Head Coach)  
Northallerton ASC

### **Session 1 TIMINGS TBC**

<b>101</b>	Girls	9yrs+	200m	Freestyle
<b>102</b>	Open	8yrs+	50m	Breaststroke
<b>103</b>	Girls	8yrs+	50m	Breaststroke
<b>104</b>	Open	9yrs+	100m	Backstroke
<b>105</b>	Girls	9yrs+	100m	Backstroke
<b>106</b>	Open	8yrs+	50m	Freestyle
<b>107</b>	Girls	8yrs+	50m	Freestyle
<b>108</b>	Open	9yrs+	100m	Butterfly
<b>109</b>	Girls	9yrs+	100m	Butterfly
<b>110</b>	Open	9yrs+	100m	IM

### **Session 2 TIMINGS TBC**

<b>201</b>	9yrs+	Open	200m	Freestyle
<b>202</b>	8yrs+	Girls	50m	Backstroke
<b>203</b>	8yrs+	Open	50m	Backstroke
<b>204</b>	9yrs+	Girls	100m	Breaststroke
<b>205</b>	9yrs+	Open	100m	Breaststroke
<b>206</b>	8yrs+	Girls	50m	Butterfly
<b>207</b>	8yrs+	Open	50m	Butterfly
<b>208</b>	9yrs+	Girls	100m	Freestyle
<b>209</b>	9yrs+	Open	100m	Freestyle
<b>210</b>	9yrs+	Girls	100m	IM

All races held under ASA Laws and ASA Technical Rules with Colorado Electronic timing

Age Groups : 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over

**Ages at 31<sup>st</sup> December 2024**      **Entry Fees:** £5.00 per individual entry

All winners will be decided on a **Heat Declared** basis. Prizes will be awarded to the fastest three in each **individual** age group.

**Closing date for entries:** **INSERT DATE**

### Gala Conditions

1. Meet to be held at Bedale Leisure Centre – the Pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes;
2. This meet is an Invitational meet with only 8 Clubs allowed to attend. This will be at the discretion of meet organisers. The meet will be initially restricted to clubs within the Hambleton geographical area.
3. Colorado GEN 7 Electronic Timing will be in operation with scoreboard display. Times displayed are for information only
4. An external strobe light is available for hearing impaired swimmers upon request
5. Age groups/Events will all be Heat Declared Winner:
  - a. 8 years, 50 m all strokes, please note any swimmer accepted must have been ratified by the relevant club coach for each event, should this be found not to have occurred the swimmer shall be disqualified from all events and invalidated from all presentations.
  - b. 9 years and over : 50m all strokes, 100m all Strokes, 100m IM and 200m Freestyle
6. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
7. Ages are as at 31<sup>st</sup> December 2024
8. Entry fees: £5.00 for Sportssystems entries. Coach passes are FREE which includes refreshments.
9. Coaches will not be permitted on poolside without the necessary pass
10. Entries must be submitted on the official entry file or form and include the swimmer's full date of birth. Files available from and entries should be returned by the entry **closing date: INSERT HERE**
11. Cheques should be made payable to "Northallerton ASC". A valid email address or SAE must be supplied for entry confirmation to Northallerton ASC (FAO Greg Ient), Hambleton Leisure Centre, Stone Cross, Northallerton, DL6 2UZ.
12. Northallerton ASC will **NOT** be responsible for any unaccompanied swimmers on the poolside. The responsibility falls on the club entering the swimmer, who should appoint an individual to be on the poolside i.e. an adult with a coach's pass
13. Heats will be seeded according to submitted entry times
14. As this is a time trial meet, there will be no medal presentations
15. For safety reasons only swimmers who can perform an Swim England competitive start may perform a shallow racing dive from the starting blocks. Where possible, over-the-top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool
16. Admission for spectators will be; Adult £3.50.
17. No entry cards will be issued. Coaches or Team Managers should advise the recorders of any missing swimmers at least 45 minutes before the session start. Seeded heat start lists will be produced prior to the start time of the session. Complying with this condition will keep the number of empty lanes to a minimum
18. Poolside entries, £5.00, may be permitted if the meet has not been over-subscribed
19. Should the meet be over-subscribed, swimmers will be excluded from fastest times first, within each age group.
20. Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the competitive marshals in time for the start of their race may not be allowed to compete
21. Anyone found damaging or misusing property or equipment at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the Pool Management
22. Neither Northallerton ASC nor Bedale Leisure Centre (North Yorkshire Council) can be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use the lockers in the changing rooms and not to leave belongings unattended in the changing area or on poolside
23. Anyone wishing to use photographic equipment within the pool area must register at beforehand
24. The Lead Referee will be: Kevin Rand
25. Any points not covered here will be at the discretion of the meet organisers



**SUMMARY SHEET**

Total Number Female Entries \_\_\_\_\_ x £5.00      £ \_\_\_\_\_

Total Number Open Entries \_\_\_\_\_ x £5.00      £ \_\_\_\_\_

Total Entries \_\_\_\_\_ £ \_\_\_\_\_

Coaches/Chaperones Passes                      FREE      £ \_\_\_\_\_

Total Amount                      £ \_\_\_\_\_

WE WOULD BE GRATEFUL FOR DETAILS OF ANY OF YOUR QUALIFIED LICENSED OFFICIALS WHO CAN ASSIST AT THE GALA. THANK YOU.

Please email electronic entries to [nasc@nasc.co.uk](mailto:nasc@nasc.co.uk) before **INSERT DATE HERE**, payment and any other forms are sent to:

Northallerton ASC (FAO Greg Ient), Hambleton Leisure Centre, Stone Cross, Northallerton, DL6 2UZ

**DECLARATION**

All entrants are eligible competitors and are registered members of the club named below.

All entrants accept the Promoters Conditions.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Club Official \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_  
Email \_\_\_\_\_