



DURHAM CITY AQUATICS SPRINT & RELAY MEET 2025

Sunday 18 May 2025

At Freeman's Quay, Walkergate, Durham, DH1 1SQ
Level 3 - License No.: 3NE250694

Programme of Events

Sunday 18 May (Session 1) Warm Up @ 08:00 Start @ 09:00					Sunday 18 May (Session 2) Warm Up @ 11:45 Start @ 12:45				
101	Female	Open	50m	Butterfly	201	Female	Open	50m	Breaststroke
102	Open/ Male	Open	50m	Butterfly	202	Open/Male	Open	50m	Breaststroke
103	Mixed		4x50m	Freestyle Relay	203	Mixed		4x50m	Medley Relay
104	Female	Open	50m	Backstroke	204	Female	Open	50m	Freestyle
105	Open/ Male	Open	50m	Backstroke	205	Open/Male	Open	50m	Freestyle
106	Mixed	12& Over	4x100m	Medley Relay	206	Mixed	12& Over	4x100m	Freestyle Relay

Sunday 18 May (Finals Session) Warm Up @ 15:15 Start @ 15:30				
Finals	Female	50m	Butterfly	Junior / Age Group / Youth & Senior
Finals	Open/Male	50m	Butterfly	Junior / Age Group / Youth & Senior
Finals	Female	50m	Backstroke	Junior / Age Group / Youth & Senior
Finals	Open/Male	50m	Backstroke	Junior / Age Group / Youth & Senior
Finals	Female	50m	Breaststroke	Junior / Age Group / Youth & Senior
Finals	Open/Male	50m	Breaststroke	Junior / Age Group / Youth & Senior
Finals	Female	50m	Freestyle	Junior / Age Group / Youth & Senior
Finals	Open/Male	50m	Freestyle	Junior / Age Group / Youth & Senior

This is a first come first served Gala; entries are accepted from 08:00 on Monday 21 April 2025. The deadline for entries is 23:59 on Friday 2 May 2025.



Meet Conditions for the Durham City Aquatics (DCA) Sprint & Relay Meet 2025:

1. The meet will be swum under ASA Law & WA Technical Rules and is licensed by Swim England NER as a Level 3 meet.
2. The Pool length is 25m with 8 lanes & anti-wave lane ropes; the organisers reserve the right to reduce the number of lanes used should the number of available officials necessitate this.
3. Colorado Electronic Timing will be in operation with scoreboard display. Times displayed are for information only.
4. The age bands for individual event finals are **Open/Male, Female**:
Junior: 9-11 Years;
Age Group: 12-14 Years;
Youth & Senior: 15 Years and over.
Ages as on 18 May 2025.
5. For each event, the 8 fastest swimmers in each age band will qualify for the respective finals in Session 3. **Note that the organisers reserve the right to reduce the number of lanes used for competition (and hence the number of finalists) should the number of available officials necessitate this.**
6. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the Female category, a swimmer confirms that their birth sex is female.
7. Medals will be awarded to the top 3 competitors in each final.
8. The age bands for relay events are the same as the individual event finals above and require 2 males and 2 females or all male or all female in each relay team. **Swimmers are not permitted to swim up or swim down age-bands in the relays.**
9. A trophy will be awarded to the fastest club in each age band (as outlined above) with the fastest total relay time for the mixed teams. Awards (maximum of 4 per team) will be given for each age band for the fastest all female team and also the fastest all male team for example:
For age group and youth/senior 4x50 Free Relay + 4x50 Medley Relay + 4x100 Free Relay + 4x100 Medley Relay = Total Time and for junior 4x50 Free Relay + 4x50 Medley Relay = total time
10. Team lines should be submitted for each team prior to the first relay event – each team should have 4 members only and should not change throughout the day.
11. Results sheets will be sent to competing clubs after completion of the meet.
12. **This is a first come first served meet** and the meet will close when the entry list is full or at 23:59 on Friday 2 May 2025, whichever is the sooner; **entries are accepted from 08:00 on Monday 21 April 2025.**
13. All events will be as per schedule of the meet with age groups combined; swimmers will be seeded according to entry times. Coach-approved estimated entry (e.g. training) times should be provided for swimmers who do not have an entry on the Swim England database; entries may be rejected if NO time is entered.
14. Entry times must not be faster than the accompanying Upper Limit Times.
15. Entry times should be converted to 25m pool times by use of SE conversion tables.
16. Training times are accepted; entries may be rejected if NO time is entered.
17. Entries are encouraged from disabled / para swimmers.
18. The flat entry fee is **£25.00 per individual**, and covers all four individual events.
Paper entries are £27.00 per individual.
19. For teams with **swimmers who have competed in individual events** - entries are **£8.00** per A-team, which covers entry into all four relay events. Additional teams (i.e. B/C/D-Teams) will be charged at a reduced rate of **£4.00** per team, covering all four relay events for Age group and Youth/Senior teams. Junior teams will be £4 and £2 respectively.
20. Relay entries are **£25.00 per team** where **no individual events have been entered** by a member of the team.

21. Coach passes are **£12.00** which includes start lists and lunch.
22. The Sports System Entry File should be submitted together with a completed Summary Sheet to: competitions@dcaswim.co.uk . Payment should be made by Bank Transfer at the time of entry; payment details are specified on the Summary Sheet. The closing date for entries is 23:59 on Friday 2 May 2025, or when the meet is full.
23. The meet organisers reserve the right to further limit the number of entries and/or the number of heats per event to ensure meet timings can be maintained.
24. DCA reserves the right to fill empty lanes with Durham City Swimmers.
25. Withdrawals must be notified no later than 08:00 a.m. on Saturday 17 May.
26. No refunds will be issued for withdrawals after the closing date (which may be sooner than the advertised deadline of 2 May 2025 if the meet is full) other than for withdrawals on medical grounds supported either by documentary evidence such as a doctor's note or an email from the swimmer's coach. Swimmer's coach emails should explain the reason why the swimmer can not compete and a brief medical explanation. Each case will be accessed on merit.
27. For safety reasons only swimmers who can perform a competitive start may perform a shallow racing dive from the starting blocks.
28. Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the marshals in time for the race start may not be allowed to compete.
29. Access to poolside will be restricted to swimmers, coaches, officials and authorised helpers in line with Swim England Child Protection Policy. Official passes shall be worn at all times on poolside.
30. No unaccompanied swimmers allowed.
31. All swimmers leaving poolside must have appropriate clothing and footwear.
32. The use of any photographic equipment (still, video or digital, including mobile phones with camera function) by members of the public will not be allowed anywhere in the spectator area. We aim to support requests for recording for exam purposes, but an enquiry must be made at the time of entry submission and the decision will be at the discretion of the DCA club secretary.
33. Anyone who has prior approval to use image recording devices for exam purposes must register at the entrance and comply with the current Swim England Wave Power Guidelines on Photography (copies can be found at [WavePower](#)) and adhere to the rules and standard operating procedures of the venue.
34. Only the DCA official photographer is allowed on the poolside.
35. **Mobile phones or other (digital) recording devices are not allowed to be used in the changing village.** Anyone found to be using mobile phones in the changing area could be withdrawn from the gala.
36. Swimmers are advised to use lockers, DCA or Freemans Quay Management cannot be held responsible for loss or damage to spectators or swimmers equipment.
37. The pool opens for swimmers from 07:30; spectators / supporters are admitted from 08:00.
38. If you can help as an official please contact: Paul McLean (officials@dcaswim.co.uk).
39. All competing Clubs are requested to provide officials to ensure the smooth running of the meet.
40. The referee's decision is final.

Any points not covered here will be at the discretion of the meet organisers.

Any queries should be directed to: Steph Holmes-Morris at competitions@dcaswim.co.uk.

Qualifying Times

Durham City Aquatics *Sprint & Relay Meet 2025*

Upper Limit Times

Swimmers must NOT have swam faster than the times below

Female 25m Upper Limit Times				Open/Male 25m Upper Limit Times		
11 & under	12 - 14	15 & over		11 & under	12-14	15 & over
29.0	27.0	26.0	50m Freestyle	29.0	24.5	23.0
34.0	30.0	29.0	50m Backstroke	33.0	27.5	26.0
38.0	34.0	33.0	50m Breaststroke	38.0	31.0	29.0
32.5	28.0	27.0	50m Butterfly	33.0	27.0	25.0

This is an Age on Day Gala - entry times from 1st January 2024.