



DURHAM CITY AQUATICS

PRESENT OUR NORMAN SARSFIELD GALA 2026

Saturday 14 and Sunday 15 March 2026
At Freeman's Quay, Walkergate, Durham, DH1 1SQ
Level 3 - License No.: 3NE260318

Programme of Events

Session 1: Saturday 14 March Warm Up 08:00; Start 09:00					Session 3 Sunday 15 March Warm Up 08:00; Start 09:00				
101	Female	Open	200m	Freestyle	301	Open/Male	Open	200m	Freestyle
102	Open/Male	Open	200m	Backstroke	302	Female	Open	200m	Backstroke
103	Female	Open	100m	Breaststroke	303	Open/Male	Open	100m	Breaststroke
104	Open/Male	Open	100m	Individual Medley	304	Female	Open	100m	Individual Medley
105	Female	Open	50m	Backstroke	305	Open/Male	Open	50m	Backstroke
106	Open/Male	Open	50m	Freestyle	306	Female	Open	50m	Freestyle
107	Female	11/over	400m	Individual Medley	307	Open/Male	11/over	400m	Individual Medley
108	Open/Male	11/over	400m	Freestyle	308	Female	11/over	400m	Freestyle
Session 2: Saturday 14 March Warm Up TBC; Start TBC					Session 4 Sunday 15 March Warm Up TBC; Start TBC				
201	Open/Male	Open	200m	Individual Medley	401	Female	Open	200m	Individual Medley
202	Female	11/over	200m	Butterfly	402	Open/Male	11/over	200m	Butterfly
203	Open/Male	Open	100m	Butterfly	403	Female	Open	100m	Butterfly
204	Female	Open	100m	Backstroke	404	Open/Male	Open	100m	Backstroke
205	Open/Male	Open	200m	Breaststroke	405	Female	Open	200m	Breaststroke
206	Female	Open	50m	Breaststroke	406	Open/Male	Open	50m	Breaststroke
207	Open/Male	Open	50m	Butterfly	407	Female	Open	50m	Butterfly
208	Female	Open	100m	Freestyle	408	Open/Male	Open	100m	Freestyle
209	Mixed	11/over	800m	Freestyle	409	Mixed	11/over	1500m	Freestyle

The closing date for entries is 23:59 on Friday 27th February 2026.

Meet Conditions for the Durham City Aquatics (DCA) Norman Sarsfield *Gala 2026*:



1. The meet will be swum under ASA Law & WA Technical Rules and is licensed by Swim England NER as a Level 3 meet.
2. The pool length is 25m with 8 lanes & anti-wave lane ropes; the organisers reserve the right to reduce the number of lanes used should the number of available officials necessitate this.
3. Colorado Electronic Timing will be in operation with scoreboard display. Times displayed are for information only.
4. The age groups are Open/Male & Female: 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15-17yrs & 18yrs and over with age on 14 March 2026.
5. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the Female category, a swimmer confirms that their birth sex is female.
6. All events are heat declared winners.
7. Medals will be awarded to the top 3 Open/Male & Female swimmers in each age group.
8. All events will be as per schedule of the meet with age groups combined; swimmers will be seeded according to entry times. Coach-approved estimated entry (e.g. training) times should be provided for swimmers who do not have an entry on the Swim England database; entries may be rejected if NO time is entered.
9. Entry times must not be faster than the accompanying Upper Limit Times.
10. Entry times should be converted to 25m pool times by use of SE conversion tables.
11. Entries are encouraged from disabled / para swimmers.
12. Sports System Entry fee is **£7.50** per event; paper entries £8.50. 800m and 1500m Freestyle events are **£10.00** each (£11.00 for paper entries).
13. Coach passes are **£25.00** which includes start lists and lunch on both days.
14. The Sports System Entry File should be submitted together with a completed Summary Sheet to: competitions@dcaswim.co.uk. Payment should be made by Bank Transfer at the time of entry; payment details are specified on the Summary Sheet.
15. **The closing date for entries is 23:59 on Friday 27 February 2026.**
16. The meet organisers reserve the right to limit the number of entries and/or the number of heats per event to ensure meet timings can be maintained and maximum poolside numbers are maintained.
17. DCA reserves the right to fill empty lanes with Durham City Swimmers.
18. For safety reasons only swimmers who can perform a competitive start may perform a shallow racing dive from the starting blocks.
19. Withdrawals must be notified no later than midday on Friday 13 March 2026.
20. No refunds will be issued for withdrawals after the closing date other than for withdrawals on medical grounds supported either by documentary evidence such as a doctor's note or an email from the swimmer's coach. Swimmer's coach emails should explain the reason why the swimmer can not compete and a brief medical explanation. Each case will be accessed on merit.
21. Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the marshals in time for the race start may not be allowed to compete.
22. Access to poolside will be restricted to swimmers, coaches, officials and authorised helpers in line with Swim England Child Protection Policy. Official passes shall be worn at all times on poolside.
23. No unaccompanied swimmers allowed.
24. Swimmers are advised to use lockers, DCA, or Freemans Quay Management cannot be held responsible for loss or damage to spectators or swimmers equipment.
25. All swimmers leaving poolside must have appropriate clothing and footwear.

26. Anyone found damaging or misusing property or equipment at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the Pool Management.
27. The use of any photographic equipment (still, video or digital, including mobile phones with camera function) by members of the public will not be allowed anywhere in the spectator area. We aim to support requests for recording for exam purposes, but an enquiry must be made at the time of entry submission and the decision will be at the discretion of the DCA club secretary.
28. Anyone who has prior approval to use image recording devices for exam purposes must register at the entrance and comply with the current Swim England Wave Power Guidelines on Photography (copies can be found at [WavePower](#)) and adhere to the rules and standard operating procedures of the venue.
29. Only the DCA official photographer is allowed on the poolside.
30. Mobile phones or other (digital) recording devices are **not allowed to be used in the changing areas**. Anyone found to be using mobile phones in the changing area could be withdrawn from the gala.
31. If you can help as an official please contact: Paul McLean (officials@dcaswim.co.uk).
32. All competing Clubs are requested to provide officials to ensure the smooth running of the meet.
33. The referee's decision is final.

Any points not covered here will be at the discretion of the meet organisers.

Any queries should be directed to: Steph Holmes-Morris at competitions@dcaswim.co.uk.

Durham City Aquatics Norman Sarsfield Gala 2026

Upper Limit Times

Swimmers must NOT have swam faster than the times below

Female 25m Qualifying times							Open/Male 25m Qualifying times					
10 & under	11	12	13	14	15 & over		10 & under	11	12	13	14	15 & over
34.0	31.5	30.0	29.0	28.0	27.0	50m Free	34.0	31.0	29.0	27.0	25.5	24.0
1:12.0	1:07.0	1:04.0	1:02.0	1:00.0	58.0	100m Free	1:12.0	1:06.0	1:02.0	58.0	55.0	52.0
2:34.0	2:24.0	2:18.0	2:14.0	2:10.0	2:06.0	200m Free	2:34.0	2:22.0	2:14.0	2:06.0	2:00.0	1:54.0
N/A	5:01.0	4:49.0	4:41.0	4:33.0	4:25.0	400m Free	N/A	5:00.0	4:44.0	4:28.0	4:16.0	4:04.0
N/A	10:00.0	9:30.0	9:15.0	9:00.0	8:45.0	800m Free	N/A	10:00.0	9:20.0	8:50.0	8:30.0	8:15.0
N/A	19:30.0	18:30.0	18:00.0	17:30.0	17:00.0	1500m Free	N/A	19:30.0	18:10.0	17:10.0	16:30.0	16:00.0
39.0	36.5	34.5	33.0	31.5	30.0	50m Back	38.0	34.5	32.0	30.0	28.5	27.0
1:22.0	1:17.0	1:13.0	1:10.0	1:07.0	1:04.0	100m Back	1:20.0	1:13.0	1:08.0	1:04.0	1:01.0	58.0
2:54.0	2:44.0	2:36.0	2:30.0	2:24.0	2:18.0	200m Back	2:50.0	2:36.0	2:26.0	2:18.0	2:12.0	2:06.0
44.0	41.5	39.0	37.0	35.5	34.0	50m Breast	43.0	39.5	36.5	34.0	32.0	30.0
1:33.0	1:28.0	1:23.0	1:19.0	1:16.0	1:13.0	100m Breast	1:32.0	1:25.0	1:19.0	1:14.0	1:10.0	1:06.0
3:18.0	3:08.0	2:58.0	2:50.0	2:44.0	2:38.0	200m Breast	3:16.0	3:02.0	2:50.0	2:40.0	2:32.0	2:24.0
37.0	34.5	32.5	31.0	29.5	28.0	50m Fly	39.0	35.5	32.5	30.0	28.0	26.0
1:20.0	1:15.0	1:11.0	1:08.0	1:05.0	1:02.0	100m Fly	1:23.0	1:16.0	1:10.0	1:05.0	1:01.0	57.0
N/A	2:45.0	2:37.0	2:31.0	2:25.0	2:19.0	200m Fly	N/A	2:47.0	2:35.0	2:25.0	2:17.0	2:09.0
1:27.0	1:20.0	1:15.0	1:11.0	1:08.0	1:05.0	100m IM	1:22.0	1:15.0	1:10.0	1:06.0	1:03.0	1:00.0
3:04.0	2:50.0	2:40.0	2:32.0	2:26.0	2:20.0	200m IM	2:54.0	2:40.0	2:30.0	2:22.0	2:16.0	2:10.0
N/A	6:00.0	5:40.0	5:24.0	5:12.0	5:00.0	400m IM	N/A	5:40.0	5:20.0	5:04.0	4:52.0	4:40.0

This is an Age on Day Gala - entry times from 1st January 2024.

Durham City Aquatics ASC**Norman Sarsfield Gala 2026**

Freeman's Quay, Durham, DH1 1SQ

Saturday 14 - March Sunday 15 March 2026

CLUB ENTRY SUMMARY

Club:		ASA Code:	
Contact Name:			
Address:			
Contact Number:			
E-mail:			

Entries	50m - 400m events	Total No of Entries	Total Cost
Entry Manager	Male @ £7.50 per event	7	
Entry Manager	Female @ £7.50 per event	7	
Entries	800m & 1500m Freestyle	Total No of Entries	Total Cost
Entry Manager	Male @ £10.00 per event	10	
Entry Manager	Female @ £10.00 per event	10	
Poolside Passes @	£25.00	No. required	
	Please email any dietary requirements for lunch.		
		TOTAL	

I confirm that all swimmers and poolside staff are club members and that poolside pass holders have a valid DBS in place.

Signed:**on behalf of:**

All entries should be made using the SportSystems Entry File. The Entry File should be e-mailed together with a completed Summary Sheet to: competitions@dcaswim.co.uk Payment should be made by Bank Transfer at the time of entry; payment details are as follows:

Account Name: Durham City Amateur Swimming and Water Polo Club
Sort Code: 30-92-79
Account No. 01012516

Please use payment reference G6 + Club Name
(e.g. G6 Durham - abbreviations accepted) when paying online.

Please contact the Durham treasurer (treasurer@dcaswim.co.uk) if you need any assistance.