

INVITATIONAL SHORT COURSE TIME TRIALS
SATURDAY 17th JANUARY 2026, Bedale Leisure Centre
THIS EVENT IS LICENSED AT LEVEL 4 (TBC)

The gala has been designed for those who have not yet achieved county times for their sprint distances and to include the youngsters who narrowly miss out on such an opportunity. The gala is to be licensed to level 4 to allow times to be used at open and county level competition.

We would welcome a fast response confirming your club's attendance at the gala so we can ensure the gala runs at capacity to make it a success.

Greg Ient (Head Coach) Northallerton ASC

Saturday 17th January - 1.30pm Warm Up, 2:30 Start. Expected Finish Time 5pm (TBC based on entries)								
#	Age Group	Distance	Stroke		#	Age Group	Distance	Stroke
101	Open	100m	IM		107	Open	50m	Freestyle
102	Open	50m	Breaststroke		108	Open	100m	Backstroke
103	Open	100m	Butterfly		109	Open	50m	Butterfly
104	Open	25m	Freestyle		110	Open	100m	Freestyle
105	Open	50m	Backstroke		111	Open	200m	IM
106	Open	100m	Breaststroke		112	Open	200m	Freestyle

All races held under Swim England Laws and Swim England Technical Rules with full Colorado Electronic timing

Ages at 31st December 2026 **Entry Fees: £4.00 per individual entry**

This is a time trials meet, as such there will be no medal presentations

Closing date for entries: Midnight 14th January 2026

NASC Members should use the online entry system, details provided on email

Gala Conditions

1. Meet to be held at Bedale Leisure Centre – the Pool length is 25m of variable depth with 4 lanes & anti-wave lane ropes;
2. This meet is an Invitational meet with only 4 Clubs allowed to attend. This will be at the discretion of meet organisers. Swimmers who have qualified for Home Nation or British Nationals should be excluded from this event.
3. Colorado GEN 7 Electronic Timing will be in operation with scoreboard display. Times displayed are for information only
4. An external strobe light is available for hearing impaired swimmers upon request
5. Age groups/Events will all be Heat Declared Winner. There will be no medal presentations due to this being a time trials meet
6. Ages are as at 31st December 2026 (for rankings purposes only)
7. Entry fees: £4.00 for Sports Systems entries. Coach passes cost £0
8. Coaches will not be permitted on poolside without the necessary pass
9. Entries must be submitted on the official entry file. Entries should be returned by the entry **closing date: Midnight 14th January 2026**
10. Payment to be made by BACS by the entry deadline provided. Details on the summary page attached.
11. Northallerton ASC will **NOT** be responsible for any unaccompanied swimmers on the poolside. The responsibility falls on the club entering the swimmer, who should appoint an individual to be on the poolside i.e. an adult with a coach's pass
12. Heats will be seeded according to submitted entry times
13. For safety reasons only swimmers who can perform a Swim England competitive start may perform a shallow racing dive from the starting blocks. Where possible, over-the-top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool
14. Admission for spectators will be; Adult £2.00.
15. Poolside entries, £5.00, may be permitted if the meet has not been over-subscribed
16. Should the competition become oversubscribed, swimmers will be excluded from fastest times first, within each age group.
17. Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the competitive marshals in time for the start of their race may not be allowed to compete
18. Anyone found damaging or misusing property or equipment at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the Pool Management
19. Neither Northallerton ASC nor BedaleLeisure Centre (North Yorkshire Council) can be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use the lockers in the changing rooms and not to leave belongings unattended in the changing area or on poolside
20. Anyone wishing to use photographic equipment within the pool area must register at beforehand
21. The Lead Referee will be: Kevin Rand
22. Any points not covered here will be at the discretion of the meet organiser. Greg lent (greg@nasc.co.uk)



SUMMARY SHEET

Total Number Female Event Entries _____ x £4.00 £ _____
This should agree with the SPORTSYS reports produced and submitted

Total Number Male Event Entries _____ x £4.00 £ _____
This should agree with the SPORTSYS reports produced and submitted

Total Entries £ _____

Coaches/Chaperones Passes x £0 £ _____

Total Amount £ _____

WE WOULD BE GRATEFUL FOR DETAILS OF ANY OF YOUR QUALIFIED LICENSED OFFICIALS WHO CAN ASSIST AT THE GALA. THANK YOU.

Please email electronic entries to nasc@nasc.co.uk before midnight 14th January 26

Payment to be made electronically:

Northallerton S/C
Nat West
Sort code- 54-10-41
Account number 05805341

DECLARATION

All entrants are eligible competitors and are registered members of the club named below. All entrants accept the Promoters Conditions.

Signed _____ Date _____

Club Official _____

Address _____

Email _____