



## **NASC Invitational Short Course Time Trials**

**Saturday 5th September 2026, Bedale Leisure Centre**  
**Swim England Licensed Level 4 Meet, Licence [4NE260543](#)**

Northallerton ASC is pleased to host an invitational short course time trials meet at Bedale Leisure Centre on Saturday **5th September 2026**.

This start of season meet is designed to give swimmers a positive early racing opportunity, helping them blow away the cobwebs, gain official licensed times and set a clear benchmark for the season ahead.

The event is suitable for all club swimmers, including first time entrants looking to record their first official times on rankings. It will also support swimmers who are close to county qualifying times, or those who would benefit from further race experience in a supportive and well organised environment.

To help manage the programme effectively and provide a balanced racing opportunity, entries will be limited to a recommended maximum of four swims per athlete.

Where swimmers do not yet have official entry times, we ask coaching teams to provide realistic estimated times to support accurate seeding.

The meet will be licensed at Level 4, allowing times to be submitted to Swim England Rankings and used for entry into future open meets and county-level competitions.

We would also welcome support from visiting clubs with officials and volunteers. Mileage expenses will be paid for officials attending from visiting clubs.

Please confirm your club's attendance by 30th June so we can plan effectively and ensure the meet runs at capacity.

Greg Ient

Head Coach  
Northallerton ASC

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## Session 1, Warm Up 1.30pm

Event	Gender	Age	Distance	Stroke
101	Mixed	Open	200m	Freestyle
102	Mixed	Open	100m	Individual Medley
103	Mixed	Open	50m	Butterfly
104	Mixed	Open	100m	Breaststroke
105	Mixed	Open	50m	Backstroke
106	Mixed	Open	100m	Freestyle
107	Mixed	Open	50m	Breaststroke
108	Mixed	Open	100m	Butterfly
109	Mixed	Open	50m	Freestyle
110	Mixed	Open	100m	Backstroke
111	Mixed	Open	25m	Freestyle

All races will be held under **Swim England Laws and Technical Rules**, with **Colorado GEN7 Electronic Timing** in operation.

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**Venue:** Bedale Leisure Centre

**Pool:** 25m, 4 lanes

**Timing:** Colorado GEN7 Electronic Timing with scoreboard display

**Live streaming:** Full live streaming will be in operation

**Age groups:** Open age group, as this is a time trials meet

**Ages:** As at 31st December 2026, for rankings purposes only

**Presentations:** No medal presentations

**Lead Referee:** Kevin Rand

**Closing date for entries:** Sunday 30th August 2026 at 9.00pm

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## Gala Conditions

1. The meet will be held at Bedale Leisure Centre. The pool length is 25m, with 4 lanes and anti-wave lane ropes.
2. This is an invitational meet. Attending clubs will be at the discretion of the meet organisers.
3. Colorado GEN7 Electronic Timing will be in operation with scoreboard display. Times displayed are for information only.
4. Full live streaming will be in operation throughout the meet.
5. An external strobe light is available for hearing impaired swimmers upon request.
6. All events will be Heat Declared Winner.
7. Events are open to swimmers who are Swim England Registered (Train or Compete)
8. Events include 25m Freestyle, 50m all strokes, 100m all strokes, 100m Individual Medley and 200m Freestyle. Swimmers must be approved by their club coach for each event entered.
9. The Female category is for birth sex females in accordance with Swim England's Transgender



and Non-Binary Competition Policy. By entering the Female category, a swimmer confirms that their birth sex is female.

10. Ages are as at 31st December 2026, for rankings purposes only.
11. Entry fees are £5.00 per event for SportsSystems entries
12. Coach passes are free and include refreshments. Coaches will not be permitted on poolside without the necessary pass.
13. Entries must be submitted using the official entry file or form and must include each swimmer's full date of birth. Entries should be returned by **Sunday 30th August 2026 at 9.00pm**.
14. Payments should be made payable to **Northallerton ASC**. Entry confirmations will be sent by email.
15. Northallerton ASC will not be responsible for unaccompanied swimmers on poolside. Responsibility sits with the club entering the swimmer, who should appoint an appropriate adult with a coach or team manager pass.
16. Heats will be seeded according to submitted entry times.
17. As this is a time trials meet, there will be no medal presentations.
18. For safety reasons, only swimmers who can perform a Swim England competitive start may perform a shallow racing dive from the starting blocks. Where possible, over-the-top starts will be used. Swimmers are requested to remain in the water until asked to leave the pool.
19. Spectator admission will be £3.00 per adult.
20. No entry cards will be issued.
21. Coaches or Team Managers should advise the recorders of any missing swimmers at least 45 minutes before the session start. Seeded heat start lists will be produced before the start of the session.
22. Poolside entries may be accepted at £7.50 per event, subject to space being available.
23. Should the meet be over-subscribed, entries may be rejected at the discretion of the meet organisers.
24. Coaches and Team Managers are responsible for ensuring swimmers report to marshalling at the required time. Swimmers who fail to report in time may not be allowed to compete.
25. Anyone found damaging or misusing property or equipment at the venue may be removed from the competition and may be subject to further action by the Pool Management.
26. Neither Northallerton ASC nor Bedale Leisure Centre (Active North Yorkshire/North Yorkshire Council) can be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use lockers and not leave belongings unattended.
27. Anyone wishing to use photographic equipment within the pool area must register beforehand.
28. The Lead Referee will be Kevin Rand.
29. Any points not covered in these conditions will be at the discretion of the meet organisers.

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## Officials

We would be grateful for details of any qualified, licensed officials who are able to assist at the gala. Please email electronic entries to:

[nasc@nasc.co.uk](mailto:nasc@nasc.co.uk) by **Sunday 30th August 2026 at 9.00pm**.

